SCLERAL LENS PATIENT INFORMATION

LENS APPLICATION













DMV LARGE PLUNGER (TOP) TRIPOD METHOD TO DMV LUMASERT (BOTTOM)

D METHOD TWO-FINGER METHOD

DALSEY SEE GREEN LENS STAND

CLIARA CHIO A&R DEVICE

- The lens, once filled with preservative free solution can be placed on eye using a DMV large plunger, fingers (tripod or two finger method), an EZi applicator ring, or the Cliara CHIO application & removal device.
- Keeping your head face-down so that your face is parallel to the floor helps to prevent spilling of the preservative free solution from the lens bowl.
- To help prevent bubbles entrapment, ensure steady fixation during the application process.
- A more viscous filling solution can also be used to minimize bubbles. Try adding Celluvisc, Oasis Preservative-Free tears, or a thicker non-preserved lubricant to the lens bowl.
- The lens can be placed on a device such as the Dalsey See Green Lens Stand or on the DMV Lumasert plunger if you are struggling with any combination of holding eyelids, fixation, and moving the lens towards the eye.

LENS REMOVAL





PROPER POSITIONING OF THE SMALL DMV ON THE SCLERAL LENS EDGE

- A small DMV plunger should be applied towards the lens edge, and then tilted to remove the lens off the eye.
- If the plunger is positioned appropriately but the lens is still not coming off the eye, apply a small amount of pressure to the eye using a finger pressed against the lower eyelid below the lower edge of the lens. This will help break the seal of the lens.

For more help with application, removal, and care of scleral lenses, please visit our website to view our instructional videos and review our "Frequently Asked Questions" section.

WWW.SCLERALLENS.ORG

FOLLOW-UP RECOMMENDATIONS
NEXT APPOINTMENT: